Let's Climb a Mountain



July 9, 2016

34.3 Mile Solo Run and Team Relay from the Clock Tower to the top of Mt Spokane.

Presented by the Bloomsday Road Runners Club

| Entry Fee: Late Entry: | Solo -\$55.00 Team-\$25.00 per member NO REFUNDS After June 27 th : Solo -\$70.00 Team -\$28 per member <u>Time</u> : Solo - 6:00 a.m. Team - 6:30 a.m. | | | | | | |
|---|--|--|--|--|--|--|--|
| Awards: | Solo – Top male and female winners receive a trophy. All solo finishers receive a medal. Teams – Medal to 1 st place finishers in each category. Ribbons to 2 nd and 3 rd place. Traveling trophy for top male and female high school teams. | | | | | | |
| Check-In: | Number pick-up and late registration, Friday July 8th 4:00 p.m-7:00 p.m. at Runners Soul. | | | | | | |
| Course: | Riverfront Park Clock Tower to Mt Spokane. Map and additional information is available at www.letsclimbamountain.com . The course will close @ 1:30 p.m. No transportation is available from the finish line to Riverfront Park. Please make your own arrangements. Online registration is available at active.com. Team captain will create the team. Each member must register separately as part of the team and agree to the waiver. | | | | | | |
| Solo finishers re | eceive a long sleeve technical shirt. Team finishers receive a technical short sleeve shirt. | | | | | | |
| | ENTRY FORM-PLEASE PRINT CLEARLY | | | | | | |
| | Solo Registration | | | | | | |
| | Checks Payable to: Bloomsday Road Runners Club | | | | | | |
| | Mail to Ron Nutkowitz, 1308 W Tieton Ct. Spokane, WA 99208 | | | | | | |
| Last Name | meFirst Name | | | | | | |
| Address | CityStateZip | | | | | | |
| Phone | Date of BirthAge (On 7/9/2016) Gender (circle one): M F | | | | | | |
| Category: Open | Masters Amount enclosed \$ | | | | | | |
| Shirt Size (circle | e one): S M L XL | | | | | | |
| executors, and ac may have of whic respective officer | consideration of acceptance of this entry and intending to be legally bound, I hereby for myself, heirs, Iministrators and administrators waive, release and discharge any and all rights and claims to damage which I the may hereafter accrue to me against the Bloomsday Road Runners Club, other sponsors of this run, or s, agents, representative, successors and/or assigns, for myself in connection with my entry and/or travel to, nd returning from the Let's Climb a Mountain Run on July 9, 2016. | | | | | | |
| SIGNATURE | DATE | | | | | | |
| Parent if unde | er 18 | | | | | | |
| | BOOK RUNNERS & SOUL AS SOUL | | | | | | |





Team Registration

Checks Payable to: Bloomsday Road Runners Club Mail to Ron Nutkowitz, 1308 W Tieton Ct. Spokane, WA 99208

| Relay Team Name | | | | | |
|--|--|---|---|--|------------------------|
| Team Captain | Team Category: Open Male Open | | | | |
| FemaleMasters Male (40+ | -)Masters Female | Senior Male (55+) | _Senior Fe | male Coed | |
| (3 M and 3 F)Coed Maste | | | | | |
| Youth Male (grade 12 & under | | | - 7) | | |
| ACOGON (any combination of | f gender or number of rui | nners) | | | |
| High School | | | | | |
| TD | (| | | | |
| Teams must consist of six runn | _ | Address | ٨٥٥ | Phone | RA/E |
| Name (Disease Disease | Signature or | | Age 7/9/16 | (+ area code) | M/F |
| (Please Print | parent signature | (street,city,state, | 7/9/10 | (+ area code) | |
| Last, First) | (I have read & | zip) | | | |
| | understand the | | | | |
| | release statement) | | | | |
| 1. Team Captain | | | | | |
| 2. | | | | | |
| L . | | | | | |
| 3. | | | | | |
| | | | | | |
| 4. | | | | | |
| 5. | | | | | |
| 0. | | | | | |
| 6. | | | | | |
| | | | | | |
| DECLARATION: In consideration executors, and administrators and may have of which may hereafter respective officers, agents, represe participating in, and returning from I agree I will not wear them. I agree confirms its acceptance. | administrators waive, releas accrue to me against the Blo entative, successors and/or a in the Let's Climb a Mounta | se and discharge any and all comsday Road Runners Clu ssigns, for myself in connec in Run on July 9, 2016. Rea | rights and cl b, other spon tion with my lizing the da | laims to damage whi sors of this run, or entry and/or travel ngers of using headp | ch I to, phones, |
| Each team member <i>must</i> si signature in the signature s | pace. Race numbers v | vill not be issued with | out the red | quired signature | |
| Team relay (\$23 x# o | t team members) Late | e tee (\$28 x# of | runners af | ter 6/25/2016) | |
| Team captains please subm | it one check. Amount e | enclosed \$ | (nonrefur | ndable) | |
| BOO | RUNNERS 1 | SPOKANE 1 | π E | ® | |





Shirt XS, S, M, L, XL